

# 6 Secrets To A Healthy Child

Each year, right here in our neighborhood, hundreds of children experience ear infections, pain and other health problems that deeply affect their joy and happiness...and most parents run to their pediatrician to get a pill or potion to treat that problem.

For example: they may be given Tylenol to cover up their pain...or sickness...or they may even be ignored, hoping their health problem will go away. You're not a "bad parent". You just lacked the necessary information to get and keep your child healthy. You see, as a holistic health specialist, I know that all this pain and suffering is unnecessary.

I have access to tons of studies that prove, beyond a shadow of a doubt, that chiropractic care is often times more effective in solving the cause (or source) of your child's pain, ear infections, tonsillitis, bed wetting, etc. than nearly anything else.

If you would like to receive a free complimentary consultation for your child with me, simply give me a call at 416-961-1900 and my staff will schedule an appointment for your child or children.

I wish you the best and sincerely hope that you take me up on my offer to see if I can help your child. You'll never know if you don't take action.

Sincerely yours,

Dr. David Koivuranta

## The 6 Secrets To A Healthy Child!

I have spent my entire adult life studying methods, little known treatments, and proven ways to end the most common pediatric health problems.

I specialize in Orthopedics and Pediatrics. I perform spinal adjustments, I do a lot of nutritional counseling (for strengthening of the immune system) and exercise instruction, **non-invasive** sinus and ear drainage, and accu-pressure trigger point therapy (for headaches and intense muscle spasms). And, everything that I do is 100% natural.

I offer **result** oriented chiropractic care in an office that genuinely cares about improving the health and well being of our patients. I am fully dedicated to educating our

parents and children about the harmful effects of drugs, while at the same time, explaining the incredible benefits of chiropractic care, nutrition, exercise, and a positive mental attitude. Our ultimate goal is to show parents and children with health problems how to live a normal life – without needless drugs, potions, procedures.

I have focused my efforts in practice on only the best techniques that correct health problems - at the ROOT CAUSE. And, that have been proven without a shadow of a doubt to work. Safely. Quickly. Painlessly...No painful needles here.

Here's what this means for your child: There is a significantly lower chance of them becoming sick. Within days you can usually notice a change in your child's health.

Here's why:

**SECRET #1: Your nervous system controls the function of every cell, tissue, organ, and system in your body...especially your Immune System.** Can you guess what happens if ANYTHING disrupts this all-important nervous system? Yep, you guessed it:

**A poorly functioning body and immune system.**

**Ron Pero, head of cancer research at the University of Lund, in Lund, Sweden and Chief of Cancer Research at New York Preventive Research Center says that “restoration and correction of the spine can increase the strength of your immune system by 200% - 400%”!!**

So, what does this mean for your child, and why does it apply to you? Simple.

Your spinal cord “links” your brain to the rest of your body, and makes everything work as a ‘System’. Why should you care?

**“Health is a condition of wholeness in which all of the organs of the body are functioning 100% all of the time.” Webster’s Dictionary**

Well, what if something disrupts this “vital link”? Do you think you’d have some problems? Maybe some pain? Maybe a headache? Maybe sickness or an ear infection?

Consider this - The “guardians” of your spinal cord are **THE VERTEBRAE!**

Your vertebrae protect your spine from damage or harm and also allow you to twist, turn, bend, and move around without much restriction.

But, sometimes these “guardians” become misaligned. For example: The birthing process...falling while learning how to walk...poor posture...lifting...twisting, etc.

Let’s talk specifics.

Your spinal column has 24 vertebrae. Twenty-four moving bones that make up your spinal column, and protect your spinal cord.

Like any other set of joints in your body, if these vertebrae aren’t perfectly aligned, they don’t function properly. You can have decreased range of motion, muscle imbalance, scoliosis, organ or gland dysfunction, and more (we’ll talk about more specifics later).

Many everyday activities, like standing up all day long can cause these bones to get out of their normal position. Think about how your child sleeps, or sits at his desk in school, or watches television. (You get the picture.)

Do you know what happens when these bones get even a little “stuck” out of place?

They press on and interfere with the vital link – your spinal cord – and this causes your nervous system to “dysfunction”. What that REALLY means is, ultimately, misaligned vertebrae (called SUBLUXATIONS) interfere with the way your body functions.

**“90% of the stimulation and nutrition to the brain is generated by movement of the spine” Dr. Roger Sperry, Noble Prize recipient for brain research.**

Can you imagine how your body would function if you had only a few vertebrae “stuck” out of place...your brain certainly wouldn’t be able to get all of the vital information it needed to function properly.

And, consider this -

I'll bet you that at least one (but probably more) of these vital bones is out of alignment, and you never even knew it. Has anyone ever checked to see if your child has all of their vertebrae in perfect alignment? (The truth is, only Chiropractors are trained to feel whether vertebrae are in perfect alignment.) This may be causing your child BIG TIME problems.

**SECRET #2: The first step to eliminating your child's health problems is a thorough examination by someone who really knows what to look for!**

The first thing we do is find out ALL ABOUT YOUR CHILD. What we call a complete "case history." This is the first step. I want to know things like what the birth process was like, what falls your child has suffered...and how they spend their days. This "vital information" will usually give me the secret clues and answers to some of their health problems.

The next thing is, of course, an orthopedic examination. But this is unlike any "traditional" examination. This is a very specific Chiropractic examination.

First of all, there isn't a lot of cold, painful, "probing" with cold metal objects. I look carefully at their posture (I do a scoliosis check)...I check their reflexes and muscle strength...and perform other totally painless neurological tests.

What am I looking for? You guessed it:

**MISALIGNED VERTEBRAE INTERFERING WITH THEIR NERVOUS SYSTEM! AND I CAN FIND OUT INSIDE OF JUST 10 – 15 MINUTES!**

What about middle ear infections? I can tell within 5 minutes if there is a blockage of the tubes draining the middle ear. What about bed wetting? If the nerves that control the bladder are interfered with I can tell within 2 minutes.

(An important side-note: I will even agree to "buy" your child's consultation with me – a real \$70.00 value (x-rays & exam excluded if necessary). See enclosed special gift certificate. But make sure you call me before the date written on the certificate!)

**Consider this: "The weight of a dime on a nerve negatively alters nerve impulses by 60%. When a subluxation (misaligned vertebrae) occurs, a vertebrae that is misaligned forces weight onto the nerve. This weight then alters the impulse of that nerve, thus blocking information being sent from the brain. Studies show that organs supplied by pinched nerves tend to deviate from a healthy condition."**

**Dr. Su, University of Colorado**

I'll tell you if I find any subluxations (misaligned vertebrae) and how it's affecting your child's health and well being! (It's quite amazing. Their body will show me visible signs of why they've been in pain or sick. The BIG, important issue is:

**MAKING SURE YOU USE SOMEONE WHO KNOWS HOW TO READ YOUR CHILDS SPINE!**

**SECRET #3: The secret of Nutrition:** Everything you learned in school was true - "you are what you eat". In today's world the quantity of food required to feed the masses has altered the soil. The once mineral rich, vitamin rich soil has been depleted. Just eating the right foods is not that easy for a lot of people. Today's parents have a busy schedule, and putting together a balanced diet for kids is very difficult. So, special attention is paid to the diet of the child. This is a very important piece of the puzzle. I have been studying herbs, vitamins and minerals for almost 6 years and I'll tell you special vitamins, minerals and herbs that every parent should know if they want to keep their children healthy.

**SECRET #4: Once I find the "problem" I'll tell you HOW TO FIX IT!**

Once we find out what's wrong, we can correct it. Often times permanently.

Once I find out which vertebrae are out of place (A subluxation) I can correct them and gently restore them to normal alignment.

In fact, I do all of the work! It's painless and the kids just love it.

And that leads us to our next secret...

**SECRET #5: The power of the "ADJUSTMENT"!** Remember we talked about **ALIGNMENT**? Remember how we said that if you're not properly aligned, your immune system, your brain...- your entire body functions at less than 100%?

Well, the magic of putting the vertebrae back into alignment so we can reconnect 100% of the normal exchange of information from the brain to the rest of the body is called an **ADJUSTMENT**.

This little-known (and virtually ignored) treatment WORKS better than anything else I've ever studied. And I've seen it work on thousands of sick children. (Just like your child.)

In fact:

**IF MORE PEOPLE UNDERSTOOD OR KNEW ABOUT THIS AWESOME  
“TOOL”, WE’D PUT TYLENOL, BAYER, AND NYQUIL  
OUT OF BUSINESS!**

There is a fact that may shock you about ear infections. Do you know that in an article entitled “Amoxicillin Treatment For Ear Infections Debated” JAMA (Journal of the American Medical Association) stated that **“...Amoxicillin is not effective”.., and...  
“concluded that children who took the drug for chronic ear infections were two to six  
times more likely to have a recurrence of fluid buildup.**

Also, the author of the article, Erden I. Cantekin, biomedical engineer stated, **“Children are being abused by the antibiotic treatment in this country”.**

So, let’s get back to our discussion.

I use techniques - all PROVEN to work, and all 100% “natural” that help return vertebrae back to where they belong. And, the most amazing part is:

**THIS WHOLE PROCESS DOESN’T HURT ONE BIT!**

There is actually no pain during the process – just a little pressure. And, many times the child laughs about it...It tickles a little.

See, there are hundreds of ways of using carefully directed – controlled and focused “pressure” to restore normal position to these misaligned vertebrae.

The amazing part is, the pressure that I use feels like a deep muscle massage - only it does a lot more than relax the muscles! It actually “re-aligns” the entire spine – and restores all of the normal electrical flow from the brain to the body. Remember, if your brain can’t communicate to a specific organ, muscle, or gland, **it can’t function at 100%.**

**SECRET #6: Consistency is the key!**

The sixth ‘secret’ is consistency. Do you know that most people I know get their car’s oil changed every three months? I mean, they wouldn’t DARE let it go more than one full “season” without changing it.

What happens if you NEVER change your car’s oil?

**YOUR ENGINE LASTS ABOUT 2 YEARS BEFORE YOU  
START TO HAVE BIG PROBLEMS!**

Well, if you'll spend just about the same (or even less) than the price of an oil change to come in, and get your child's spine adjusted, his/her **BODY** will be given a chance to function as close to 100% as possible. The effects are too numerous to mention.

Just be CONSISTENT.

If, however, you try to short-cut, or look for the "quick-fix", the same vicious cycle will kick in over... and over...and over again. How many times have you allowed your child to be put on antibiotics for the same sickness...ear infection...allergies, etc? If medicine was able to get us healthy, nobody would ever get sick!

**FACT: "80% of the children in the U.S. will receive their first course of antibiotics by the age of 6 months." American Academy of Otolaryngology. And you can bet this statistic holds true for Canada as well.**

Covering up symptoms or health problems with medication just can't be the best way to get our children healthy!

Remember this secret of CONSISTENCY: It works!

**TAKE ACTION NOW THAT YOU KNOW WHAT TO DO!**

What separates the children who get free from sickness and infection, from those poor unlucky kids who spend their whole lives needlessly sick or in pain and on countless doses of different prescription drugs... It's the parents who:

**TAKE ACTION!**

Seriously. Think about it.

If you value your children's health as much as I KNOW you do (if you didn't, you wouldn't have read this far), then the price of my care is, by comparison, peanuts. What is your child's health and happiness worth to you?

**DON'T JUMP OVER DOLLAR BILLS TO CHASE PENNIES.**

Take a look to see what could change if your child stopped getting sick as much. They might:

- \* start getting better grades in school
- \* concentrate more on reading and homework
- \* start playing organized sports

- \* start playing an instrument
- \* feel better about life and themselves

You get the picture. Just think about it.

You will find two things when you come to my office:

#1: I am a VERY good listener... and I won't let you or your child be "scared" in any way. And,

#2: I explain EVERYTHING in exact detail, so you understand what's going on at all times.

Keep in mind that my approach is 100% "natural". And that means I DO NOT use:

- \*drugs,
- \* needles...
- \* or surgery.

Most everything I do feels like a deep muscle massage, or like an athletic stretch. Some of what I do is quite relaxing. Other things I do feel a bit different.

But there's almost nothing I do that causes pain. Remember what chiropractic and I are all about:

### **GETTING RID OF THE CAUSE OF YOUR CHILDS HEALTH PROBLEMS.. NOT CAUSING MORE OF THEM!**

I see a surprisingly wide variety of health problems. See if any of the following applies to your child:

- |                      |                   |
|----------------------|-------------------|
| *Ear Infections      | *Sinus Infections |
| *Headache            | *Frequent Colds   |
| *Throat Infections   | *Allergies        |
| *Pediatric Back Pain | *Bed Wetting      |
| *Scoliosis           |                   |

Does your child experience any of these symptoms, even occasionally? If so, you can and should consider bringing your child in for the free exam. What have you got to lose?

Even if your child suffers the occasional cold, or ear infection, if help is available, why not take it?

And even if "suffer" is too strong of a word to describe your situation, even if your child doesn't experience health problems right now... it still makes sense to make sure they are properly "aligned".

I hope you've learned a lot about how to keep your child healthy - and STAY out of pain.

If your child is experiencing an ear infection or other health problems right now, you can take the first step to end it TODAY by picking up the phone right now and calling 416-961-1900, and scheduling an appointment immediately.

Do me a favour. Call me if you have any questions or feel uncertain about anything. My goal is to make your family's experience with me as pleasurable and as fun as possible. I hope I've been persuasive in convincing you to take action now to see if you can get your child out of the "sickness cycle" **once and for all.**

Yours for better health,

Dr. David Koivuranta

P.S. Many people have heard about my success with children and consult with me on a wide range of problems. If your child has experienced any discomfort or lingering health problems in the last 24 months, you should seriously consider scheduling an exam. I have been very successful at treating all sorts of health problems by finding the cause of the problem, and then providing a solution.

P.P.S. Make sure you call to schedule your appointment. This is a free consultation and will help save you a lot of money and heartache in the long run. We'll show you how to simplify the complexity of health care, and show you the best programs available to make health care affordable to everyone/anyone. Call today, because these appointments fill up fast. (In fact, I've received so many calls about this report already, that I don't know how much longer I will even be keeping this offer open.)

## **FREE CONSULTATION WITH DR. KOIVURANTA**

I've included this very valuable Free Consultation Coupon in with your special report to remove any and all objections you may have about coming in. There are no strings attached, no obligations, and no pressure whatsoever.

You see, I see my patients as dear friends. (In fact around my office you are considered "family".) I believe you wouldn't have requested my report if you didn't need my help. I've treated babies with colds, children with sports injuries, adults with back pain and headaches. You name it, I have successful testimonials to prove it.

My focus is on looking for and treating the exact cause of all pain or health problems. This approach has helped thousands of people.

Now, I want to help your child. I want to be your child's doctor... who keeps your child healthy for life. As a service for new patients like your child, I will pay for his/her first CONSULTATION.

All you need to do is call 416-961-1900, mention this certificate, and your child's first consultation with me will be FREE, no- charge, and no obligation.

Please call now, since my schedule gets filled quite quickly.

**Call Today at 416-961-1900**